



## **Child Health Policy**

**Reviewed October 2016**

At Cherry Tree Nurseries we aim to promote a healthy environment and healthy children. We understand it is natural that children will be ill we will do all we can to make your child comfortable.

If your child is unwell before you bring him/her to nursery please consider keeping them at home. Some indicators you will need to base your decisions on are: - High temperature, vomiting, diarrhoea, restlessness, constant crying, rash and spots.

### **If your child becomes unwell whilst in our care we will:**

- Make your child as comfortable as possible.
- Follow nursery procedure and fill out our sickness monitoring form.
- Inform senior member of staff.
- Make every effort to contact parents/carers or emergency contact and request that the child is picked up.
- In most cases when a child is sent home we feel it would be beneficial for them to see a Doctor.
- Giving medication- refer to the medication policy
- Take every effort to prevent the spread of infection.

### **Parents**

- We will expect parents to co-operate with us if they know that their child has an infection or contagious illness in order for us to limit the spread of infection.
- Parents must notify the nursery, if they are aware that their child has a contagious illness or if a doctor has confirmed the cause of the illness.
- Parents must also notify the nursery of non – attendance of the child in all cases including sickness.

### **Staff**

The staff at Cherry Tree Nurseries will also be asked to not attend work in the same circumstances.

**In order for us to limit infection control please follow these guidelines.**

| <b>Infection</b>                     | <b>Period of Exclusion</b>   | <b>Comments</b>  |
|--------------------------------------|--|--|
| Chicken pox                          | Five days from onset of rash/blisters  | Wait for spot/blister to heal or crust over              |
| Cold Sores                           | None   | Very common virus carriers don't necessary develop       |
| German Measles (Rubella)             | Five days from onset of rash/blisters  | Caution for pregnant women                               |
| Hand, Foot and Mouth                 | None   | Does not usually justify exclusion                       |
| Impetigo                             | Until lesions are crusted or healed  | Antibiotics may speed up healing                         |
| Measles                              | Five days from onset of rash/blisters  | Now rare but affect vulnerable children                  |
| Ringworm                             | Until treated  | GP treatment is important, need antifungal treatment     |
| Scabies                              | Until treated  | Child can return as soon as properly treated             |
| Scarlet fever                        | Five days from the start of antibiotics  | Treatment recommended for the affected child             |
| Slapped Cheek                        | None   | Caution with pregnant women                              |
| Diahorrea/Vomiting                   | 48 hours after the last bout   | Guidance is same for all types of diahorrea and vomiting |
| Conjunctivitis                       | Until treated  |  |
| Glandular fever                      | None   |  |
| Head lice                            | Until treated  |  |
| Hepatitis A                          | Five days exclusion for the onset of jaundice or pale stools and where hygiene is poor |  |
| Meningococcal Meningitis/Septicaemia | Specific advice will be given by Doctor and the CCDC                                   | Siblings and other close contact need not to be excluded |
| Meningitis not Meningococcal         | Specific advice will be given by Doctor - generally until recovered                    | Once the child is well risk of infection is minimal      |
| Mumps                                | Five days from the onset of swollen Glands   | Child is more infectious before diagnosis                |
| Tonsillitis                          | None   | Most cases not infectious except streptococcal infection |

Ofsted, Early Years and the Health and Safety Executive will be notified of two or more children suffering from food poisoning in the nursery. We will also notify then of one or more child/ren suffering from meningitis.

We contact the Department of Communicable diseases, Health and Safety Executive and Ofsted Early Years if any of the children present with any illness on the communicable diseases list that the nursery holds.

**To be reviewed October 2017**